

I will place the emotional and physical well being of my players ahead of a personal desire to win. This means that I will:

- Use appropriate language when interacting with players, officials, parents and spectators.
- Include all players in team activities, disregarding race, religion, color, sex, sexual orientation, body type, disability, ability, or any other legally protected classification.
- Treat all players, officials, parents, and spectators with dignity and respect.
- Play all players equally.

I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group. This means that I will:

- Encourage all players, regardless of skill level, to be included as a member of the team and to remain involved.
- Recognize the physical tasks, such as drills, which are and are not appropriate for my players.
- Recognize that physical, social and emotional maturation vary with each individual player and consider these factors when planning practice.

I will do my best to provide a safe playing situation for my players. This means that I will:

- Maintain a high level of awareness of potentially unsafe conditions.
- Protect players from sexual molestation, assault and physical or emotional abuse while at practice or games.
- Correct or avoid unsafe playing conditions.
- Use appropriate equipment necessary to protect players.

I will promise to review and practice the basic first aide principles needed to treat injuries of my players. This means that I will:

- Keep basic first aide supplies available in all practice and game situations.
- Recognize and administer proper first aide to players who are injured.
- Demonstrate concern for injured players, notifying parents and cooperating with medical authorities when necessary.
- Protect the player by not returning them to the activity if they are compromised by injury.

I will do my best to organize practices that are fun and challenging for all my players. This means that I will:

- Adopt the positive view of a situation. That is, teach my players that it is our basic moral code to treat others, as we would like to be treated.
- Abide by the rules and the spirit of the game.
- Provide and environment that is conducive to fair and equal competition by my players.

• Use my influence as a coach to promote and teach sportsmanship and fair play.

I will provide a sports environment for my team that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all Mesa Parks and Recreation events. This means that I will:

- Be alcohol, tobacco and drug free at all team activities, or in the presence of players.
- Encourage parents to refrain from alcohol, tobacco and drugs at team activities such as practice and games.
- Refrain from providing any type of alcohol, tobacco, or drug to any of my players.

I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players. This means that I will:

- Become knowledgeable, understanding and supportive of all applicable game rules, league rules, regulations and policies, if not already.
- Teach and require compliance of these rules from my players.

I will use those coaching techniques appropriate for each of the skills that I teach. This means that I will:

- Teach techniques that reduce the risk of injury to my own players and opponents.
- Discourage illegal contact or dangerous play and administering swift and equal discipline to players involved in such activities.

I will remember that I am a youth sports coach, and that the game is for children and not adults. This means that I will:

- Maintain a positive, helpful and supportive attitude.
- Exercise my authority/influence to control the behavior of the fans and spectators.
- Exhibit gracious acceptance of defeat or victory.
- Accept and adhere to all league rules and policies.
- Fulfill the expected role of a coach and adopt a "children first" philosophy.
- Allow and encourage the players to listen, learn, and play hard within the rules.
- Place the emphasis and fun and participation.

BY SIGNING BELOW, I AGREE TO ADHERE TO THE MESA PARKS AND RECREATION COACHES CODE OF ETHICS AND RECOGNIZE THAT I MAY, IN SOME WAY, BE PENALIZED IF I AM FOUND NOT TO BE IN COMPLIANCE.

SIGNATURE	DATE
PRINT NAME	SCHOOL
SPORT	INTRAMURAL DIRECTOR